#### Aunti Drugs Club GDC Sugh-Bhatoli Report 2024-25

Drugs Substance abuse has become an alarming health crisis on college campuses across the nation. The club was initiated to prevent substance abuse - addictive behaviours in the campus. The college anti-drug cell has been constituted to ensure a drug- free campus by imposing a total ban on the possession or consumption or use of drugs and alcohol by students of the college, within or outside the campus. The duties of the anti-drugs club include organizing awareness programmes in the college with the help of Excise Department. Educating the students about the illeffects of drugs and alcohol, encouraging peer policing among students against the use of drugs and reporting of any noticed use of drugs by the students to the student's affairs committee are also the duties of the anti-drugs cell. Dr. Pankaj Kaushal, Asst. Prof. Department of Mathematics is the co- ordinator of the club. The centre provides guidance to enable the students to keep away from drugs. "Be proud to be drug-free.

#### Mission

- To spread awareness to ensure a drug/ substance free campus.
- To engage the students in anti- drug activities
- Motivate students to become volunteers of anti-drug activities in their life.
- Ensure no sale of drugs or alcohol in college premises. Vision Purify and strengthen the personality through guidance against Drugs "DEAD spells out Drugs End All Dreams."

#### **Anti drug club Formation**

The anti drug Club of GDC Sugh-Bhatoli was formed to make awareness against drugs among students. As a preliminary step, Dr. Pankaj Kaushal, Asst. Professor of Mathematics as the Convenor, enrolled almost all student members who possessed an inherent interest to work for the anti drug programme activities in spite of belonging to varied disciplines. Till date the Club held different programmes in the college campus.

#### **Anti drug club Activities 2024-25**

#### 1.Anti Drugs Awareness Rally on 28-08-2024:

The awareness Rally against the dangers of drugs was organized from campus to Village Sugh-Bhatoli under the auspicious of Anti Drugs clubs in the college. The objectives of this Programme is to prevent youth from using illicit drugs by enhancing their awareness and understanding of the harmful social and health effects of illicit drug use. From this Rally the students were aware of the effective treatment and rehabilitation systems and services that were provided by the Government also. On the occasion all the students had taken the pledge that they will never use any kind of drugs or substance in their life. Anti drugs exhibition was conducted in the college campus on the same

day in order to provide awareness to the students against drugs. The students actively participated in the programme.



#### 2. The awareness class held on 16-12-2024:

The awareness class against the dangers of drugs was organized in the campus. Principal Dr. Namesh Kumar presided over the function and Dr.Pankaj Kaushal inaugurated the function. In his motivational and inspiring class he illustrated that despite substantial attention to misuse of alcohol among college students, less is known about drug use on college campuses and the students should be aware of the dangers of drug abuse. He gave the awareness class on the ill-effects of drug and alcohol consumption, in a comprehensive manner.





#### 3.Anti Drugs Exhibition:

The anti drug Club of GDC Sugh-Bhatoli conducted an exhibition in the college campus to develop the insight into anti drugs awareness The activities of this club are planned to augment the output of the members of the club and thereby imparting these values to the student community as a whole. The students actively participated in the programme.

Students also explained how Teens are uniquely vulnerable to the effects of what they see on social media, as this age group is highly susceptible to peer influences and pressure.

The abuse of alcohol and drugs has resulted in significant morbidity and mortality among adolescents worldwide. Many of these youth will lose their lives to drugs and alcohol and a significant number are likely to grow up to become problem drug users. The substance abuse problem is complex and large in colleges and interventions can decrease adolescent substance abuse rates.



#### 4. Declamation Contest:

A declamation contest was organised in the College under the theme "True Friends don't let their friends consume drugs" on 18-12-2024. Many students participated in this competition and expressed their views on this topic.

## "सच्चे दोस्त दोस्तों को नशा नहीं करने देते" विषय पर भाषण प्रतियोगिता

### अखिल शर्मा / न्यू सुपर भारत

इंदौरा, 18 दिसंबर : राजकीय डिग्री कॉलेज सुघ-भटोली में एंटी ड्रग क्लब द्वारा भाषण प्रतियोगिता का आयोजन किया गया।

इस प्रतियोगिता का विषय था "सच्चे दोस्त

कहीं भी, किसी भी संस्थान में पढ़ने जाते हैं तो हमें अपने नए दोस्त बहुत सोच-समझकर बनाने चाहिए, क्योंकि दोस्त हमारे जीवन में बहुत महत्वपूर्ण भूमिका निभाते हैं और हम उनके साथ बहुत समय बिताते हैं। इस प्रतियोगिता में लवप्रीत कौर ने प्रथम स्थान, पल्लवी ने दूसरा स्थान और सलोनी



दोस्तों को नशा नहीं करने देते"। इस प्रतियोगिता में कई प्रतिभागियों ने भाग लिया और अपने विचार व्यक्त किए। उन्होंने कहा कि अच्छे दोस्त अपने दोस्तों को कभी नशे के कुएं में नहीं धकेलते बल्कि उन्हें इससे बाहर निकालते हैं। इसलिए जब हम शर्मा ने तीसरा स्थान प्राप्त किया। इस अवसर पर प्राचार्य डॉ. नमेश, एसोसिएट प्रोफेसर शशि भूषण, नोडल अधिकारी डॉ. पंकज कौशल, प्रो. भावना, प्रो. जगन, प्रो. शिवेंद्र, प्रो. सरोती और समस्त स्टाफ सदस्य मौजूद रहे।

# भाषण प्रतियोगिता में लवप्रीत कौर रहीं प्रथम

डमटाल (कांगड़ा)। सुघ-भटोली कॉलेज में एंटी ड्रग क्लब की ओर से भाषण प्रतियोगिता का आयोजन किया। प्रतियोगिता का विषय 'सच्चे दोस्त दोस्तों को नशा नहीं करने देते' रहा। प्रतियोगिता में लवप्रीत कौर ने पहला, पल्लवी ने दूसरा जबिक सलोनी शर्मा ने तीसरा स्थान हासिल किया। इस अवसर पर प्राचार्य डॉ. नमेश, एसोसिएट प्रो. शशिभूषण, नोडल अधिकारी डॉ. पंकज कौशल, प्रो.भावना, प्रो. जगन, प्रो. शिवेंद्र, प्रो. सरोती आदि मौजूद रहे। संताद

## भाषण प्रतियोगिता में लवप्रीत कौर का कोई सानी नहीं



डमटाल। राजकीय डिग्री कालेज सुघ भटोली में एंटी इग क्लब द्वारा भाषण प्रतियोगिता का आयोजन किया गया। इस प्रतियोगिता में कई प्रतिभागियों ने भाग लिया और अपने विचार व्यक्त किए। उन्होंने कहा कि अच्छे दोस्त अपने दोस्तों को कभी नशे के कुएं में नहीं धकेलते, बल्कि उन्हें इससे बाहर निकालते हैं, इसलिए जब हम कहीं भी, किसी भी संस्थान में पढ़ने जाते हैं, तो हमें अपने नए दोस्त बहुत सोच-समझकर बनाने चाहिए, क्योंकि दोस्त हमारे जीवन में बहुत महत्वपूर्ण भूमिका निभाते हैं और हम उनके साथ बहुत समय बिताते हैं। इस प्रतियोगिता में लवप्रीत कौर ने प्रथम स्थान, पल्लवी ने दूसरा स्थान और सलोनी शर्मा ने तीसरा स्थान प्राप्त किया। इस अवसर पर प्राचार्य डा. नमेश, एसोसिएट प्रोफेसर शिश भूषण, नोडल अधिकारी डा. पंकज कौशल, प्रो. भावना, प्रो. जगन, प्रो. शिवेद्र, प्रो. सरोती और समस्त स्टाफ सदस्य मौजद रहे।